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Thank You! Form&Flow

Volunteers Needed!



Warm welcome and seasons greetings to you all!

Season 2019 was busy at the Valley, with our first Under 18 Girls team and the Valleykick program joining the Club, bringing our player numbers to over 500 across 20 teams. Overall Season 2019 was a step in the right direction as many of our Junior teams made finals, as well as our A Grade Women. Unfortuantely our A Grade men missed out, finishing just short of the top 5, but a huge congratulations goes to the Under 17.5s who brought home a Premiership after an impressive season.

Now we head to Season 2020 with a strong culture and vibe building!

There has been some great recruitment to the Club by all the coaching staff, which will put us in a great position moving forward. It's also great to announce the reappointment of our men's and women's head Coaches - Guy Ridgeway and Chris Bennett respectively. We also welcome our new and returning coaches across the board.

Pre-season numbers are fantastic, as we continue to welcome new players, returning players from last season and players who have spent some time away from the Club and have committed to re-signing with HVFC. Reflecting on the large numbers of participants in Sub-Junior footy and the Valleykick and Auskick programs in Season 2019, I am sure the Club has a strong future for years to come.

A huge thank you to all of the volunteers at our Club for their continual support on and off the field. I am personally looking forward to working with you all, including the Committee who have many exciting things planned for our Members. I'd also like to thanks the outgoing Committee for their contribution and hard work, especially Steve Greening for his tireless work and Kevin Beard, who was a forerunner in the implementation and inclusion of Women's football at the Valley and the Valleykick program.

Wishing you a safe festive season. See you all at the Valley in 2020! Mike Flett,
President



# RESPECTALL, FEAR NONE.

## THANK YOU!

A huge thanks to Form&Flow for running a preseason fitness session with our Senior Men and Girls/Women's squad. We were really put through our paces during the session!





#### **2019 CHRISTMAS PARTY**

Thanks to those who were able to attend our joint christmas party! A huge thank you to all the amazing donors who gave us prizes for our Big Wheel raffle!













#### **VOLUNTEERS NEEDED!**

HVFC is always in desperate need for volunteers to help get the Club running to its best ability!

If you are able to donate any time this season, or would like to take on any of the below roles please contact Mike on 0438 846 137

- Under 13s Coach
- Assisstant Coaches
- Bar Staff
- Team Managers
- Trainers (remuneration available)

Remember – the Club cannot run without volunteers!

