

Memo to: Senior Operations Manager  
Junior Operations Manager  
Club President

Subject: Sport Concussion Management Policy 2014

Date: 10 March 2017

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The AFL Medical Officers' Association has issued new guidelines to manage concussive episodes sustained during activities.

Our policy is based on those guidelines and is shown below:

### **Sport Concussion Management Policy**

The sports medicine staff shall assess a player suffering a concussive episode during games or at training.

If the player presents with any signs and symptoms of concussion as indicated by the 'Concussion Recognition Tool' that recommend the player does not continue to play or train, the player will not be allowed to continue playing or training that day.

The player shall not be allowed to resume training or commence playing again, until, a written medical clearance from a doctor has been received by the Club's sports medicine staff. The player shall then undertake a graduated return to play concussion rehabilitation program.

That program will be either prescribed by a Sports GP or the Club sports medicine staff. The program will consist of 4 training activities, supervised by the Club sports medicine staff. The player must be asymptomatic after each session.

This policy has been developed using the guidelines of the booklet 'The Management of Concussion in Australian Football', published by the AFL Medical Officers Association in March 2013.

This new policy is effective from the date of this memo.

Please advise all Coaches under your direction.

Hank Middleton  
Head Trainer  
Happy Valley Football Club

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